

THE NASH

DINNER TAKE OUT

5:00 pm onwards

STARTERS

ROASTED SQUASH AND SPINACH SALAD	13/17
Moroccan spiced dressing, Alberta goat cheese, candied pecans, apple	
ROASTED BEET SALAD	15
Kootenay Nostrala cheese, crème fraiche, hazelnuts, greens	
WHITE BEAN & ROASTED GARLIC DIP, GRILLED BREAD	11
feta, basil pistou & olive oil	
AHI TUNA POKE	21/35
avocado, lime, charred pineapple	
THE NASH GREEK SALAD	15/23
pulled chicken, goat feta, provençal dressed	
HANDCRAFTED DAILY BREAD	8
Nash butter	

MAINS

30+ DAY AGED AAA BEEF FLAT IRON (10OZ)	33
roasted root vegetables, rosemary fingerling potatoes, steak butter	
PAN ROASTED DUCK BREAST, BLUEBERRY BROWN BUTTER	33
Poplar Bluff potato gnocchi, mushrooms, haricots verts	
SUNRISE CO-OP FREE RUN CHICKEN BREAST	29
our spice rub, roasted garlic whipped potatoes, brown butter jus	
GRILLED ORGANIC BC SALMON	31
citrus farro, beurre blanc, sauce vierge	
AAA ALBERTA BEEF BURGER, FRIES	18
Oka cheese, roasted onion aioli, Nash pickles	
<i>add grilled bacon</i>	<i>4</i>
<i>substitute artisan greens</i>	<i>2</i>
MEAT OFF THE ROTISSERIE	MP
inspired daily, always delicious	

HAPPY CHICKEN

WOOD ROASTED WHOLE CHICKEN	27
BOX OF FRIES FOR TWO	8
BOX OF VEGETABLES FOR TWO	8
CHICKEN JUS (2 OZ)	4

“We love to cook food that evokes conversation and positive emotion through the use of amazing product, well founded culinary techniques and passion.”

THE N A S H

LUNCH TAKE OUT

11:30 - 3:00

STARTERS

AHI TUNA POKE BOWL	21/35
avocado, lime, charred pineapple	
ROASTED SQUASH AND SPINACH SALAD	13/17
Moroccan spiced dressing, Alberta goat cheese, candied pecans, apple	
THE NASH GREEK SALAD	15/23
pulled chicken, goat feta, artisan greens	
HANDCRAFTED DAILY BREAD	8
Nash butter	

MAINS

GRILLED TOMBO TUNA SANDWICH *	18
togarashi mayo, spicy pickles, sesame bun	
THE NASH MEATLOAF PANINI*	19
made here, aged white cheddar, mustard, focaccia	
AAA ALBERTA BEEF BURGER *	18
Oka cheese, roasted onion aioli, Nash pickles	
<i>add grilled bacon</i>	<i>4</i>
QUARTER CHICKEN & FRIES	23
rotisserie roasted, hand cut fries, brown butter jus	

HAPPY CHICKEN

WOOD ROASTED WHOLE CHICKEN	27
BOX OF FRIES FOR TWO	8
BOX OF VEGETABLES FOR TWO	8
CHICKEN JUS (2 oz)	4

**served with hand cut frites, substitute artisan greens \$2*

"We love to cook food that evokes conversation and positive emotion through the use of amazing product, well founded culinary techniques and passion."