

THE N A S H

LUNCH TAKE OUT

11:30 - 3:00

STARTERS

AHI TUNA POKE BOWL	21/35
avocado, lime, charred pineapple	
ROASTED SQUASH AND SPINACH SALAD	13/17
Moroccan spiced dressing, Alberta goat cheese, candied pecans, apple	
THE NASH GREEK SALAD	15/23
pulled chicken, goat feta, artisan greens	

MAINS

GRILLED TOMBO TUNA SANDWICH *	18
togarashi mayo, spicy pickles, sesame bun	
DUCK CONFIT PANINI	20
raisin chutney, Brie, arugula	
NASH BURGER, FRIES	18
foraged mushrooms, shropshire cheddar, onion jam	
<i>add grilled bacon</i>	4
<i>sub green salad</i>	2
QUARTER CHICKEN & FRIES	23
rotisserie roasted, hand cut fries, brown butter jus	

HAPPY CHICKEN

WOOD ROASTED WHOLE CHICKEN	27
BOX OF FRIES FOR TWO	8
BOX OF VEGETABLES FOR TWO	8
CHICKEN JUS (2 oz)	4

"We love to cook food that evokes conversation and positive emotion through the use of amazing product, well founded culinary techniques and passion."

THE NASH H

DINNER TAKE OUT

5:00 pm onwards

STARTERS

ROASTED SQUASH AND SPINACH SALAD	13/17
Moroccan spiced dressing, Alberta goat cheese, candied pecans, apple	
TOMATO SALAD	15
pumpkin and sunflower seed, saffron dressing, fior di latte	
WHITE BEAN & ROASTED GARLIC DIP, GRILLED BREAD	11
feta, basil pistou & olive oil	
AHI TUNA POKE	21/35
avocado, lime, charred pineapple	
THE NASH GREEK SALAD	15/23
pulled chicken, goat feta, provençal dressed	

MAINS

30+ DAY AGED AAA BEEF FLAT IRON (10OZ)	33
roasted root vegetables, rosemary fingerling potatoes, steak butter	
ROASTED DUCK BREAST	33
duck confit steam bun, mushrooms, haskap berry jus	
SUNRISE CO-OP FREE RUN CHICKEN BREAST	29
our spice rub, roasted garlic whipped potatoes, brown butter jus	
CHARCOAL-GRILLED BC SALMON	31
Indian spiced cauliflower purée, haricots verts, vierge	
NASH BURGER, FRIES	18
foraged mushrooms, shropshire cheddar, onion jam	
<i>add grilled bacon</i>	<i>4</i>
<i>sub green salad</i>	<i>2</i>
MEAT OFF THE ROTISSERIE	MP
inspired daily, always delicious	

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